



Maybe Them's NOT the Facts!

I always appreciate the feedback I get to what I share. I am actually heartened by the feedback from people who are currently disgruntled

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Letter to the Pathogenic Parent:

by Michael Allen

Dear Ex Spouse,

While I fully understand the trauma you went through, today you are making a choice.

You went through something horrible....I get

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[Want a Better Chance of Winning In Court? READ THIS](#)

I've posted a lot the last few years about things I have learned that have been really helpful. While I think it's all important,

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[The Plan "P" Draft Bill! \(Judicial Discretion in High Conflict Cases\)](#)

After more than two years in the making, I am thrilled to announce a milestone: The Judicial Discretion in High Conflict Cases or as

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[Into the Crazy Is Optional](#)

The recent 4 1/2 hour deposition was a show, to be sure. A court reporter, a large video camera and a cameraman, backdrop behind

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What You Strive to Control Determines Your Fate

Tips to Help Stop Parental Alienation in Its Tracks
https://youtu.be/6mcO_K8GLWc

I get emails somewhat regularly from people—a theme I see over and over. For the sake

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How to help Mental Health Move Forward

With proper assessment, diagnosis, and treatment of pathogenic parenting.

by Michael Allen

How many of you have been through the court system, been assigned a mental

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[Don't Worry. It's Not Your End of The Ship That's Sinking.](#)

April 25th, Parental Alienation Awareness day. Many people don't know about this day and what it means—or rather many don't have a way to

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[How Can You Stop "Parental Alienation"? Early Intervention Is Key!](#)

by Michael Allen

To those of you who have gone through this Phenomenon of Pathogenic Parenting (more commonly known as "Parental Alienation") or witnessed it

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[A Face that Sparked a Movement](#)

by Michael Allen

If you think that one person can't make a difference...think again. As with any major change, it starts with a person like

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[The Biggest Lie](#)

There's a toxic, poisonous lie out there and while many are finally waking up to it, I think it bears repeating—not only to others

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[The Power of Peer Support](#)

...A Story of Moving From Despair to Hope

by Michael Allen

I want to share with you something I learned very early in my journey fighting

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