

After having coffee with Lee Hammock on a couple of occasions now after finding him on YouTube, this last time he agreed to do a video where he goes into some very common questions alienated parents ask.

With all I've been through and all I know about those with Narcissist Personality Disorder (NPD), it has been quite the experience hearing the perspective of someone who is both wired this way *and* aware first-hand. He says that his experience of those he talks to and works with are, like any other population, on a spectrum of sorts. Some with this condition will likely never have the ability to deal with it or choose not to—but that's not true for everyone.

That said, I haven't heard him say anything about treating someone who has this type of wiring any differently than the competent experts recommend we do. For me though, it's been different hearing it from a "source". To me, his transparency is at times very validating, other times sad and alarming which seems to be a fundamental part of being in the presence of real truth.

For example—This recent message exchange:

Me: *OMG!! IT'S THE MONSTER IN THE BASEMENT!!!*

Oh wait—never mind—it's just a business owner from the next town over ☐

Lee: *LOL!*

Pause

Lee: *He can be both ☐*

Questions I asked him for this video and his answers:

- You're a WHAT? Why are you doing this?
- What's it like being a parent with NPD?
- How do you co-parent with a narcissist?☐How do you win against a Narcissist?
- What's the BEST way to be a good parent in this situation?
- What's the best way to deal with a Narcissist in Court?
- Where can I find out more?

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